



**Study Title:** A Framework for Healthy Cities in India: Case of Indore

**Study Period:** December 2020 to March 2021

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**Partners:** Swasti and IIM-Indore

### **Problem Statement & Objective**

Today there is an increasing recognition of the strong link between Good Health for All (SDG 3) and Make Cities and Human Settlements Inclusive, Safe, Resilient and Sustainable (SDG 11). Cities provide a unique opportunity to understand health and the associated issues around the social determinants of health. As populations are heterogeneous, they have diverse scenarios among different segments such as, inadequate housing, transportation, poor air quality, food insecurity, overcrowding, and lack of access to safe drinking water and sanitation which contribute to the spread of infectious diseases. Rates of non-communicable diseases (NCDs), violence, and mental illness are also often higher because of cities' social, built, and food environments. Healthy City planning aims to promote implementation of strategies for improving urban health and solving environmental problems through local government action via a multi-stakeholder approach and community participation.

### **Approach**

One of HSTP's core areas of interest is strengthening primary healthcare in India and it has been actively developing its work portfolio to support demand-based initiatives that appeal to the local governments and institutions working within this arena. In a consultation held on 18th December 2019 hosted by IIM Indore, the Department of Health and Family Welfare, Government of Madhya Pradesh showed interest to demonstrate that it is possible for cities to deliver "Health for All" by coordinating inputs from the sectors that impact health. Following a concurrence among the departments to work together to make Indore a 'Healthy City', a series of consultations were held in Indore attended by local representatives from the Department of Health, not-for-profit sector, and the private sector. To take this agenda forward, HSTP partnered with Swasti who will work closely with IIM Indore to develop a framework for Healthy Cities in India and outline pathways for inter-sectoral collaboration.

### **Expected Outcomes**

A situational analysis of the opportunities and challenges, across five pillars (food, water, sanitation, environment, individual/family) that impact health and contextualizing the concept and available frameworks of a Healthy City to the Indian scenario. Literature review and secondary data will be used to summarize the efforts in India and globally, providing key frameworks and direction for future action. The outputs of the study include a White paper titled 'A Framework for Healthy Cities in India: Case of Indore' and a document titled 'Key social determinants of a Healthy City'.